

Information about your Community Learning Disability Team



made with




What is a Community Learning Disability Team (CLDT)?

It is a team that supports people with a learning disability.



We work with adults aged 18 and older who could be:



- Young people leaving school and college



- People who have children



- The people who support you



What do we do?

We help you to:



- Do things for yourself



- Make choices



- Live safely



Who are we?

**A Social Worker /
Community Care Officer /
Care Manager**

Helps you to:



- Find out what you want and need



- Find the right place to live with the right support



- Manage your money



A Community Nurse

Helps you to:



- Stay well and healthy



- Get the medical help you need



- Keep your friendships and relationships



An Occupational Therapist

Helps you to:



- Learn skills to help you care for yourself



- Find things that you like to do, such as hobbies and work



- Get out and about



A Physiotherapist

Helps you to:



- Exercise and stay healthy



- Keep mobile



- Manage your physical problems



A Speech and Language Therapist

Helps you to:



- Eat and drink safely



- Talk for yourself



- Help other people to communicate with you



A Clinical Psychologist

Helps you to:



- Talk about your feelings and problems



- Feel well and happy



- Change your behaviour and the way you do things



A Psychiatrist

Helps you to:



- Stay mentally well



- See if there are tablets that may help you



- Give advice to other people that help you

How can I get help?

If you do not currently have a service from Dorset County Council, you or someone else can:



Telephone
01305 221016
Monday to Friday
8:30am to 5:30pm



email
adultaccess@dorsetcouncil.gov.uk



Website
www.dorsetcouncil.gov.uk/adult-social-care



Write to
Dorset Direct
Dorset Council
Colliton Park
Dorchester
DT1 1XJ

What happens next?



Someone from the team will contact you to find out if we can help.

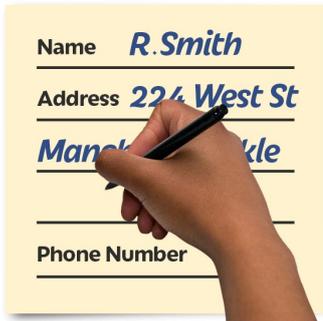


They will give you the right information and advice.



Someone might come out to visit you.

How we look after your personal information



We sometimes need to keep personal information about you.

This is to help us to support you.

Our staff keep your information safe.



Only people who really need to are allowed to see your information.



If you would like to ask us anything about this you can:

Telephone 01305 225175



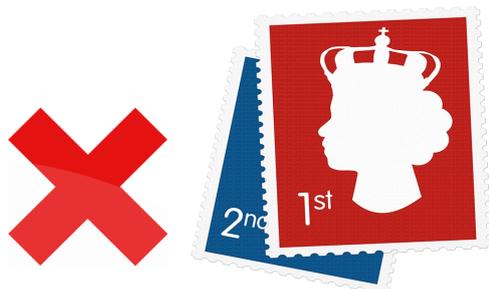
email

data.protection@dorsetcc.gov.uk



or **write** to
Data Protection Officer
Records Management Unit
Dorset Council
Colliton Park
Dorchester
DT1 1XJ

Tell us what you think



You can tell us if there is something you are not happy about or if there is something you want to change about your services.

- Tell us when you like what we are doing
- Tell us your ideas and suggestions
- Tell us when you are unhappy with what we are doing

You can telephone us on 01305 221061 if you would like to make a complaint.

If you want to write us a letter, you can post it to:

Complaints Team
Freepost
Business Reply License No.
RRYH-AGJZ-TRGG
Dorset Council
Colliton Park
Dorchester
Dorset
DT1 1XJ

You do not need a stamp.

Diversity statement

Diversity means a mix of different kinds of people like:

- men and women
- young and old people
- people of different races
- disabled and non-disabled people



Dorset Council will try to treat all people fairly and with respect.

Contact us

To find out more about our services you can look at our website:



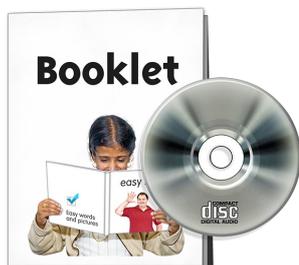
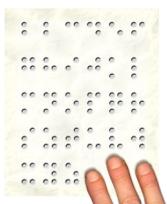
www.dorsetcouncil.gov.uk/adult-social-care



Telephone: 01305 221016



or email:
adultaccess@dorsetcouncil.gov.uk



If you would like this information in large print, on audio cassette/CD, Braille or a different language, contact us on 01305 221000